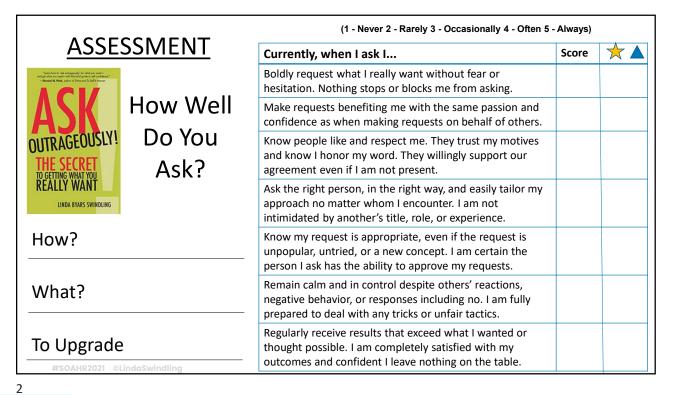


My Intention:

Detours: What Could Get in The Way:

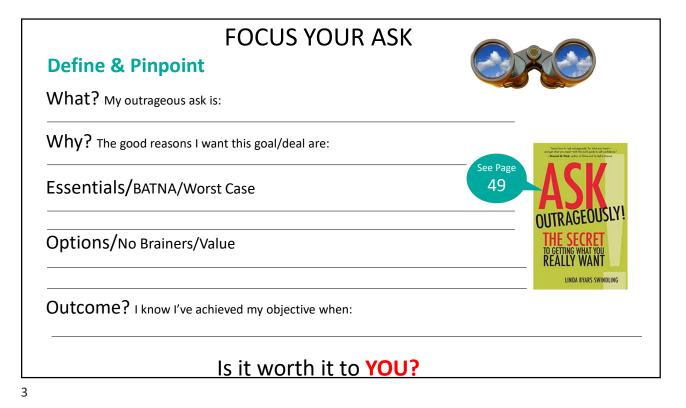
What Is My Plan for Detours:

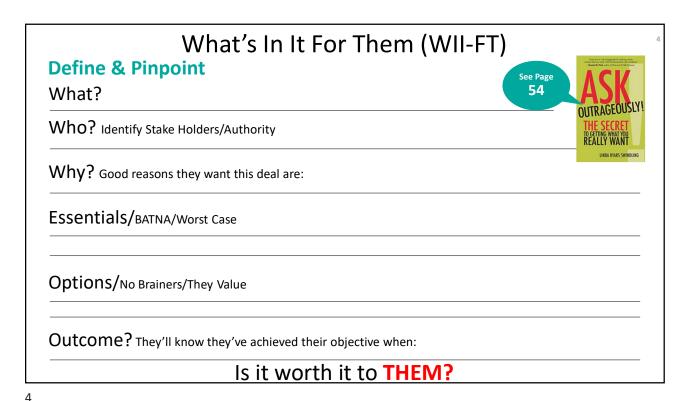
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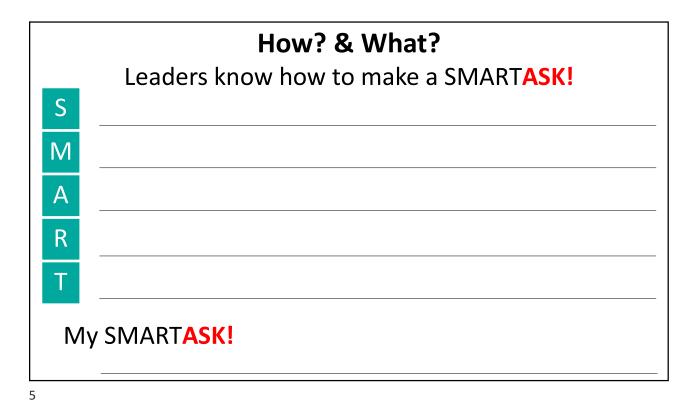






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Negoti	ation/Intention Name:
Step 1	What result do I want?
	Why? (Good Business Reasons)
	How much my time and effort will I exert?
Step 2	Who is involved in this decision? (Stake Holders/Authority)
Step 3	What are <i>my</i> options & essentials? (BATNA)
	What are <i>their</i> options & essentials? (BATNA)
	How could I maximize value at little or no cost ("no brainers")?
Step 4	Blocks. What can get in the way?
Step 5	How will I make a powerful first impression? Other Notes:





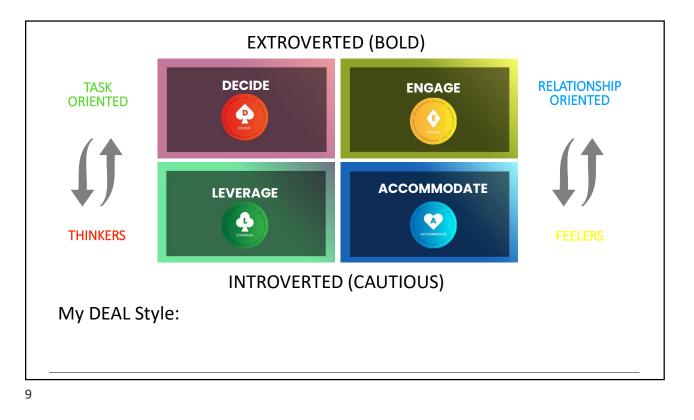


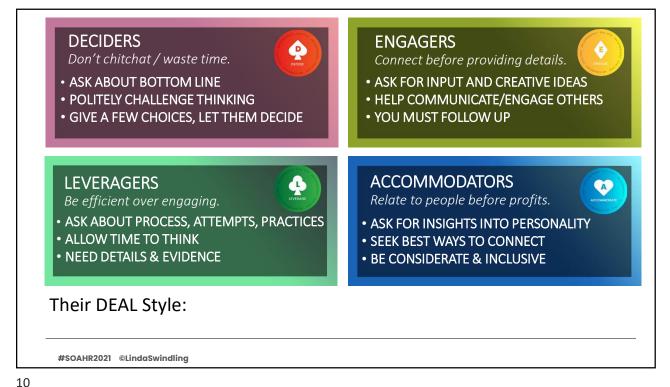














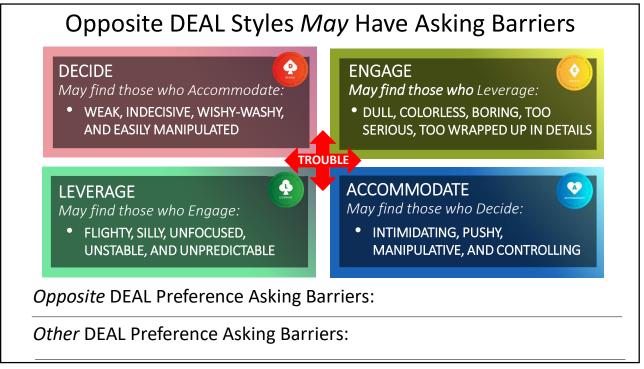




WHAT'S THEIR 😫	STYLE?
DECIDE	ENGAG
LEVERAGE	ACCOMMODAT

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Negotia	ation/Intention Name:		
Step	What result do I want?		
	Why? (Good Business Reasons)		
How much my time and effort will I exert?			
Step 2	Who is involved in this decision? (Stake Holders/Authority) How do they like to DEAL: Decide Engage Accommodate Leverage		
Step 3	What are <i>my</i> options & essentials? (BATNA)		
	What are <i>their</i> options & essentials? (BATNA)		
	How could I maximize value at little or no cost ("no brainers")?		
Step 4	Blocks. What can get in the way? How will I DEAL with it? Decide Engage Accommodate Leverage		
Step	How will I make a powerful first impression?		
5	What will I tell myself if I find myself outside my comfort level?		
	Other Notes:		

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Reference: Conversation Strategies per DEAL Preference

DEAL preference correlate with commonly recognized styles of communication. Below are general descriptions that identify each DEAL preference plus popular profiles and assessments that relate. Although these profiles don't map precisely to each DEAL preference, each instrument offers extensive coaching and training resources to help you identify your preferred communication style(s) or preferences, and to develop strategies to make requests of others.

DEAL Preference	Neutral Traits	Development Areas	Related Communication Styles
 DECIDE When asking remember: No chit chat, don't waste time Ask about bottom-line, politely challenge thinking, give a few choices, let them decide When stressed, see Controllers 	 Extroverted Assertive Serious Intuitive Thinkers Task-oriented 	 Improve asking & coping skills through: Communication, patience, sensitivity, trusting others Enhance natural strengths in: Negotiations, influence, risk taking, decision making 	 Choleric /Hippocrates Commander/CORE MAP ENT/Myers-Briggs Director/Dominance/DiSC Knower/BrainStyles Red/Personal Insight Inventory Red/Lumina Spark
 ENGAGE When asking remember: Connect before details/facts Ask for input and creative ideas, will help communicate & engage others, you must follow up When stressed, see Prima Donnas/Dons 	 Extroverted Bold Casual Intuitive Feeling Relationship- oriented 	 Improve asking & coping skills through: Impulse control, planning, internal validation Enhance natural strengths in: networking, public speaking, multitasking, creativity 	 Sanguine/Hippocrates Entertainer/CORE MAP ENF/Myers-Briggs Inducement/Influence/DiSC Conceptor/BrainStyles Yellow/Personal Insight Inventory Yellow/Lumina Spark
			Continued

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DEAL Preference	Neutral Traits	Development Areas	Related Communication Styles
 ACCOMMODATE When asking remember: Relate to people before profit Ask for insights into personality and best ways to connect. Be considerate and inclusive. When stressed, see Whiners 	 Introverted Reserved Casual Sensing Feelers Relationship- oriented 	 Improve asking & coping skills through: Assertiveness, self-care, independent decision making Enhance natural strengths in: Mediation, team building, conflict resolution, listening 	 Phlegmatic/Hippocrates Relater/CORE MAP ISF/Myers-Briggs Sensors/Supportiveness/DISC Conciliator/BrainStyles Blue/Personal Insight Inventory Green/Lumina Spark
 LEVERAGE When asking remember: Efficiency over engagement. Ask about process, attempts, best practices. Allow time to think and reflect. Need details & evidence. When stressed, see Complicators 	 Introverted Reserved Serious Sensing Thinkers Task-oriented 	 Improve asking & coping skills through: Relaxation, flexibility, letting go of perfectionism, emotional intelligence Enhance natural strengths in: Planning, strategy, project management, organization 	 Melancholy/Hippocrates Organizer/CORE MAP IST/Myers-Briggs Compliance/ Conscientiousness/DiSC Deliberator/BrainStyles Green/Personal Insight Inventory Blue/Lumina Spark

NOTE: Everyone possesses all of these characteristics, though one or two are usually more developed and preferred. Related Communication Styles are used as an example only and do not perfectly correlate. Descriptions originally based on COREMAP[®] - Modified and used with permission.





Conversation Strategies per Complainer Type

All of us can exhibit negative behaviors under stress. These Complainer Types correlate with the DEAL Styles and commonly recognized styles of communication. Below are general descriptions that identify each Complainer Type, including ways they complain, what doesn't work, what needs they are seeking to fulfill and the best ways to DEAL with each. Also provided are strategies to gain leadership's support to address the negative behavior and/or negative situation.

Complainer Type	Ways They Complain	What Works/What Doesn't	Best Ways to DEAL
Controllers Under stress: Aggressive, bossy, loud, demanding, impatient, bully Under extreme stress: Shut down	 Aggressive Impatient Challenging Condescending 	 Seek to: Control or reach an outcome Don't: Make excuses, finger point, over explain, or be aggressive 	 The best way to negotiate is to stand, deliver and let them decide. Gain leadership's support by spotting risks of bullying, intimidating, harassing and demeaning behavior. Positive Style: Decide
Prima Donnas/Dons <i>Under stress:</i> Aggressive pushy, loud, argumentative, disruptive, impatient <i>Under extreme stress:</i> Shut down	 Create drama Gossip Interrupt Interfere 	 Seek to: Gain attention Don't: Tell them their reaction is too extreme and excessive, put them on the spot or ask them to be rational. 	 The best way to negotiate is to acknowledge, avoid getting lost in the drama, and publicize. Gain leadership's support by spotting results created by disruption, low accountability, gossip and distraction. Positive Style: Engage
			Continued

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Complainer Type	Ways They Complain	What Works/What Doesn't	Best Ways to DEAL
Whiners Under stress: Passive, submissive, withdrawn, silent, tearful, sensitive, hurt Under extreme stress: Explode	 Showing disapproval Venting Withdrawing 	 Seek to: Gain empathy and connection Don't: Tell them they are irrational, solve their problems, or vent with them 	 The best way to negotiate is to <i>listen, empathize</i> and <i>ask for solutions</i>. Gain leadership's support by <i>spotting decisions not made</i> and <i>work not accomplished</i>. Positive Style: Accommodate
Complicators Under stress: Passive- aggressive, narrow-minded, cold, withdrawn, critical, resistant, stubborn Under extreme stress: Explode	 Blocking Complicating Creating confusion 	 Remember seeking to: Keep things calm and stable Don't: Tell them to be team players or to adopt a positive attitude, or try to change their minds 	 The best way to negotiate is to reduce speed, respect effort, and upgrade. Gain leadership's support by spotting unnecessary complications, delays and blocks. Positive Style: Leverage

Toxics: Any type can be a toxic personality. In all instances they have been conditioned away from their natural interactional style and toward passive-aggressive behavior. Extroverts are generally more visible and introverts are more covert in the way they use these tactics. In the extreme these are the sociopaths and psychopaths



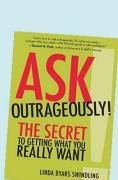


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Linda Swindling, JD, CSP Linda@LindaSwindling.com Negotiation speaker, author and expert **Linda Swindling**, empowers leaders to negotiate everything from big deals to workplace drama using proven strategies that drive results without driving others away. Linda learned first-hand how to negotiate from her experiences in the courtroom and the boardroom. A respected mediator and "recovering" attorney, Linda attended Harvard/MIT's Program on Negotiation. She also spent years advising and coaching CEOs and key executives while a Chair at Vistage. Her engaging programs are based on original research and more than two decades of experience. Chosen as one of the Top 30 Global Gurus in Negotiation, Linda is a frequent media guest and the author/coauthor of more than 20 books.



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