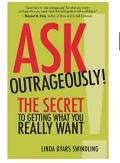


1



ASSESSMENT



How Well Do You Ask?

How?

What?

To Upgrade

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(1 - Never 2 - Rarely 3 - Occasionally 4 - Often 5 - Always)

Currently, when I ask I	Score	*
Boldly request what I really want without fear or hesitation. Nothing stops or blocks me from asking.		
Make requests benefiting me with the same passion and confidence as when making requests on behalf of others.		
Know people like and respect me. They trust my motives and know I honor my word. They willingly support our agreement even if I am not present.		
Ask the right person, in the right way, and easily tailor my approach no matter whom I encounter. I am not intimidated by another's title, role, or experience.		
Know my request is appropriate, even if the request is unpopular, untried, or a new concept. I am certain the person I ask has the ability to approve my requests.		
Remain calm and in control despite others' reactions, negative behavior, or responses including no. I am fully prepared to deal with any tricks or unfair tactics.		
Regularly receive results that exceed what I wanted or thought possible. I am completely satisfied with my outcomes and confident I leave nothing on the table.		

3



Negotiation Gurus

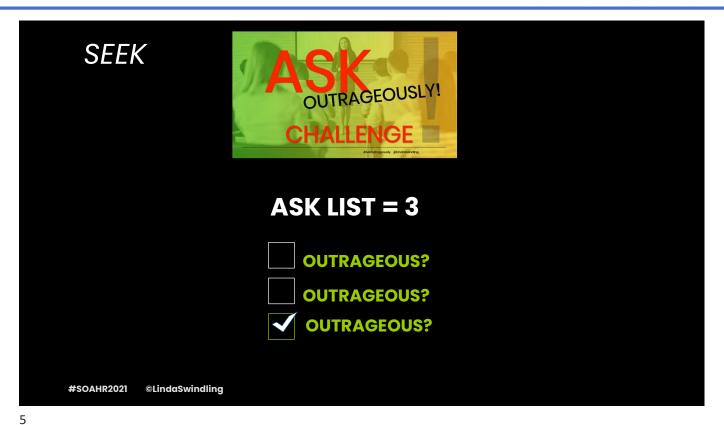




Approachable
Considerate
Perceptive
Appropriate
Positive
Other Traits?

Respected Respectful Flexible Adaptable Appreciative of Others' Efforts
Genuinely
Interested in Others

Δ



EXTROVERTED (BOLD)

TASK ORIENTED

DECIDE

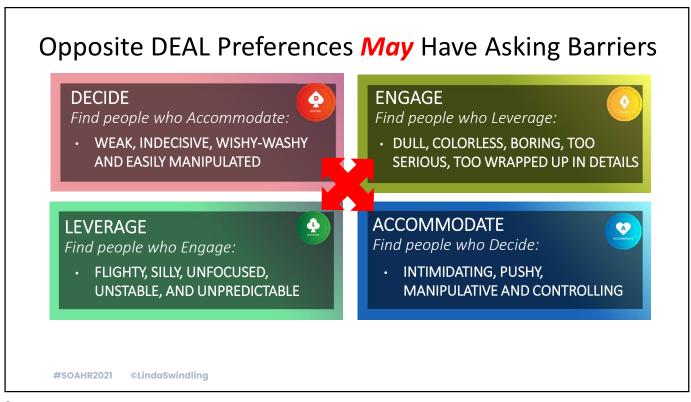
LEVERAGE

ACCOMMODATE

FEELERS

INTROVERTED (CAUTIOUS)







Conversation Strategies per DEAL Preference

DEAL preference correlate with commonly recognized styles of communication. Below are general descriptions that identify each DEAL preference plus popular profiles and assessments that relate. Although these profiles don't map precisely to each DEAL preference, each instrument offers extensive coaching and training resources to help you identify your preferred communication style(s) or preferences, and to develop strategies to make requests of others.

Neutral Traits	Development Areas	Related Communication Styles
•Extroverted Assertive Serious •Intuitive Thinkers •Task-oriented	Improve asking skills through: •Communication, patience, sensitivity, trusting others Enhance natural strengths in: •Negotiations, influence, risk taking, decision making	Choleric /Hippocrates Commander/CORE MAP Red/Lumina Spark ENT/Myers-Briggs Director/Dominance/DiSC Knower/BrainStyles Red/Personal Insight Invnty Dominance/Predictive Index
•Extroverted •Bold Casual Intuitive Feeling •Relationship- oriented	Improve asking skills through: Impulse control, planning, internal validation Enhance natural strengths in: Interversity of the strength of th	 Sanguine/Hippocrates Entertainer/CORE MAP Yellow/Lumina Spark ENF/Myers-Briggs Inducement/Influence/DiSC Conceptor/BrainStyles Yellow/Personal Insight Invnty Extrovert/Predictive Index
	•Extroverted Assertive Serious •Intuitive Thinkers •Task-oriented •Extroverted •Bold Casual Intuitive Feeling •Relationship-	*Extroverted Assertive Serious *Communication, patience, sensitivity, trusting others Enhance natural strengths in: *Negotiations, influence, risk taking, decision making *Extroverted *Bold Casual Intuitive Feeling *Relationship-oriented *Improve asking skills through: *Impulse control, planning, internal validation Enhance natural strengths in: *networking, public speaking,

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Conversation Strategies per DEAL Preference (continued)

DEAL Preference	Neutral Traits	Development Areas	Related Communication Styles
ACCOMMODATE When asking remember: •Relate to people before profit •Ask for insights into personality and best ways to connect. •Be considerate and inclusive.	•Introverted Reserved Casual •Sensing Feelers •Relationship- oriented	Improve asking skills through: •Assertiveness, self-care, independent decision making Enhance natural strengths in: •Mediation, team building, conflict resolution, listening	•Phlegmatic/Hippocrates •Relater/CORE MAP •Green/Lumina Spark •ISF/Myers-Briggs •Sensors/Supportiveness/DiSC •Conciliator/BrainStyles •Blue/Personal Insight Invnty •Patience/Predictive Index
LEVERAGE When asking remember: •Efficiency over engagement. •Ask about process, attempts, best practices. Allow time to think and reflect. •Need details & evidence.	•Introverted Reserved Serious •Sensing Thinkers •Task-oriented	Improve asking skills through: •Relaxation, flexibility, letting go of perfectionism, emotional intelligence Enhance natural strengths in: • Planning, strategy, project management, organization	•Melancholy/Hippocrates •Organizer/CORE MAP •Blue/Lumina Spark •IST/Myers-Briggs •Compliance/ Conscientiousness/DiSC •Deliberator/BrainStyles •Green/Personal Insight Invnty •Formality/Predictive Index

NOTE: Everyone possesses all of these characteristics, though one or two are usually more developed and preferred. Related Communication Styles are used as an example only and do not perfectly correlate. Descriptions originally based on COREMAP® - Modified and used with permission.

y Ask List	My Outrageous Asks
•	y Ask List

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Negotiation speaker, author and expert **Linda Swindling**, empowers leaders to negotiate everything from big deals to workplace drama using proven strategies that drive results without driving others away. Linda learned first-hand how to negotiate from her experiences in the courtroom and the boardroom. A respected mediator and "recovering" attorney, Linda attended Harvard/MIT's Program on Negotiation. She also spent years advising and coaching CEOs and key executives while a Chair at Vistage. Her engaging programs are based on original research and more than two decades of experience. Chosen as one of the Top 30 Global Gurus in Negotiation, Linda is a frequent media guest and the author/coauthor of more than 20 books.

Contact <u>Jill@LindaSwindling.com</u> for information about Linda's programs and services.

